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Living With Julie Chrystyn
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A Global Cultural and Socio-Political Phenomenon

That's all she wants to achieve. Nothing more. Nothing less. And she's well on her way. She is Brigitte Secard, a multi-gifted 30-year-old beauty who passed on the star-making deal that was then offered to Mariah Carey. Brigitte, it appears, wanted to use her voice more wisely.

An old soul in a modern Hollywood package, Brigitte possesses a rich and colorful heritage. It's a diversified history that makes for a very focused future. She is a third generation Syrian whose grandmother was born in Africa and grandfather in the Middle East. She's Irish and German on her mother's side. "I exhausted my poor father with questions about race and gender from about age six," Brigitte says. At the age of eight, she taught herself Swahili, fully expecting to live on the Serengeti Plains. By the age of 12, she naturally progressed to study existentialism. One moment please, while I get my dictionary.

Let's see... "A philosophical and literary movement, variously defined and often stemming from Kierkegaard and re-

She is on a noble mission. Out on her own, "so began an impassioned pathway to be of service to my destiny, to be of service to the world." Naturally. "I was never confused about this," she makes perfectly clear, "I never had thoughts of a 'normal' life." Brigitte says she didn't date or party and has never taken any kind of drug. "I always knew that everything I did was about fulfilling my destiny and I was tireless toward that end," she insists.

Destiny cannot be denied but an education must be had. So while putting herself through college where she studied political science, Brigitte worked as a boxer and delivered singing telegrams. She must have thought, "Why be typical and do the McDonald's thing or a stint behind the register of Fred Segal's a la Jennifer Aniston and the rest of the lot?" She also volunteered and studied with gurus and spiritual masters of all kinds in order to deepen her understanding of leadership. But what she found instead was "a study in spiritual co-dependency: groups of people either up on a pedestal or bowed down before them



Brigitte Secard is the author of "Soulfire: the birth of wild aliveness." The critically acclaimed book promises to take you on "an adventure of a lifetime!"

truth is to do so at our own peril, for this simple truth has now amassed epic proportions. The time has come for is to under-